

## The Narrative

- Humans are communal animals: We need to bring medicine into the community and patients should be cared for in a social environment
- We should place each patient's experience at the centre, and help them live the best possible life for them – socially, pathophysiologically, psychologically
- Empower the patient: We need to provide people with a “health passport” to carry with them. The information should be provided at an appropriate level for the patient and the decisions that need to be made with it (e.g. self-motivation?)
- The health passport will identify what the ‘normal’ state is for each individual, but we need to rationalise what it is we need to measure to know our own normal
- Don't collect data/markers that we don't need to know and can't use.
- The depth of the information in the passport should be dictated by who needs to understand the information, and what we required to do with that information
- Understand the interventions that the biomarker profile empower you to make
- Clinical intervention should be about defining when the patient has reached the best possible point in their care – “Reach the point of good for you”

## The Objective

<b>Patient</b>	<b>Clinical Analysis</b>
<ul style="list-style-type: none"><li>• Provide with personalized information with appropriate rigour and richness</li><li>• Subject to minimum No. of interventions</li></ul>	<ul style="list-style-type: none"><li>• Characterise the intervention effect size</li><li>• Use a single drop of blood to identify only what is needed for the health passport</li></ul>